

CURRICULUM VITA

PERSONAL INFORMATION

Name: **Esraa Ashour Mohamed Abdalnabi.**

Date of birth: 8- 11- 1985

Nationality: Libyan.

Home address: Tripoli Libya.

Phone number: 0913064530

E mail: esraaashour.ea@gmail.com

EDUCATION:

- 1- **B.Sc degree in Medicine and surgery:** (Mars 2010) faculty of Medicine, University of Tripoli with general grade good.
- 2- Worked as physician in Al- Razi Hosbital from (2010-2011).
- 3- **M.Sc degree inNeurology and Psychiatry:** (August 2016) faculty of Medicine, university of Alexandria. Thesis title (study of handgrip muscle strength in an Egyptian sample of children suffering from Autistic Spectrum Disorder and its relationship to the severity of the disorder.
- 4- Diploma in Mental Health: (may 2016) Wales International University.
- 5- Diploma in Psychological Counselling and Behaviour Modification program: (June 2016) Egyptian Canadian Academy.

WORKSHOP:

- 1- Cognitive Behavioral Therapy for Depression (19-20 February 2015).
- 2- Cognitive Behavioral Therapy for Anxiety (19-20 March 2015).
- 3- Cognitive Behavioral Therapy for Addiction 1 (19-20 May 2016).
- 4- Cognitive Behavioral Therapy for Addiction 2 (2-3 June 2016).